## PE **PE JOURNEY - OVERALL PLAN**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Athletics	Dance	Inclusion Tournament focused on skills progression	Gymnastics	Hockey	Striking and fielding
	Fundamental movement skills	Dodgeball	Rugby Tournament focused on competition	Football	Tennis Tournament focused on skills progression	Invasion games focussed on skills taught in previous invasion games
Year 4	Athletics	Netball	Inclusion Tournament focused on skills progression	Gymnastics	Hockey	Striking and fielding
	Fundamental movement skills	Dance	Rugby Tournament focused on competition	Football	Tennis Tournament focused on skills progression	Invasion games focussed on skills taught in previous invasion games
Year 5	Athletics	Hockey	Netball/ Basketball	Gymnastics	Tennis Tournament focused on skills progression	Cricket
	Inclusion Tournament focused on skills progression	Dance	Rugby Tournament focused on competition	Football	Invasion games focussed on skills taught in previous invasion games	Rounders
Year 6	Swimming (Athletics)	Hockey	Netball/ Basketball	Gymnastics	Tennis Tournament focused on skills progression	Cricket
	Inclusion Tournament focused on skills progression	Dance	Rugby Tournament focused on competition	Football	Invasion games focussed on skills taught in previous invasion games	Rounders